



KINESIOLOGY

<http://westvalley.edu/services/academic-success/transfercenter/degree-for-transfer.html>



Associate Degree for TransferSM

WHAT IS AN ASSOCIATE DEGREE FOR TRANSFER (ADT)?

The Associate Degree for Transfer (ADT) is intended for students who plan to transfer and complete a bachelor's degree in a similar major at a CSU campus. Students completing this transfer degree:

1. will earn an Associate's Degree from West Valley College;
2. are guaranteed admission to a campus in the CSU system;
3. will be prepared to start upper division coursework at the CSU
4. and will not need to complete more than 60 units after transfer.

IMPORTANT NOTES:

- Completion of 60 CSU-transferable semester units with an overall GPA of at least 2.0
- While a minimum of 2.0 GPA is required for CSU admission, some majors may require a higher GPA. Please consult with a counselor for more information.
- Completing courses prior to transfer that satisfy the U.S. History, Constitution and American Ideals requirement as part to the CSU GE-B or IGETC is highly recommended.
- **LIB 04, PE Activity Class, Cultural Diversity Course, and READ 053 are NOT required for this degree.**
- Certified completion of either the California State University General Education Breadth pattern (CSU GE-B) or the Intersegmental General Education Transfer Curriculum (IGETC) is required.
- **CSUs with similar majors:** CSUB, CSUC, CSUDH, CSUEB, Fresno, Fullerton, HSU, CSULB, CSULA, CSUMB, CSUN, Pomona, CSUS, CSUSB, SDSU, SFSU, SJSU, Stanislaus
- A complete and up-to-date listing of the similar CSU majors can be found visiting:
<http://www.adegreewithaguarantee.com/>

ASSOCIATE IN SCIENCE FOR TRANSFER (AA-T)

Required Core Courses: (16-18 units)

	Units
<input type="checkbox"/> KIN 030 Introduction to Kinesiology	3.0
<input type="checkbox"/> BIO 047 Human Anatomy	5.0
<input type="checkbox"/> BIO 048 Human Physiology	5.0
<input type="checkbox"/> Select a total of 3 units, from different areas below	3.0-5.0

Area 1 : Aquatics

<input type="checkbox"/> KIN 2.04 Swimming – Beginning	1.0
<input type="checkbox"/> KIN 2.05 Swimming – Intermediate	1.0
<input type="checkbox"/> KIN 2.06 Swimming – Advanced	1.0
<input type="checkbox"/> KIN 2.07 Master's Swimming	1.0

Area 2: Combatives

<input type="checkbox"/> KIN 6.02 Karate – Beginning	1.0
<input type="checkbox"/> KIN 6.06 Karate – Intermediate	1.0

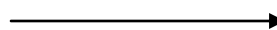
Area 3: Dance

<input type="checkbox"/> KIN 3.02 Ballet – Beginning	1.0
<input type="checkbox"/> KIN 3.04 Ballet – Intermediate	1.0
<input type="checkbox"/> KIN 3.08 The Flamenco Dance of Spain – Beginning	1.0
<input type="checkbox"/> KIN 3.12 Jazz Dance – Beginning 1	1.0
<input type="checkbox"/> KIN 3.14 Jazz Dance – Intermediate	1.0
<input type="checkbox"/> KIN 3.16 Modern Dance – Beginning 2	1.0
<input type="checkbox"/> KIN 3.17 Modern Dance – Intermediate	1.0
<input type="checkbox"/> KIN 3.20 Ballroom and Latin Dance Beginning	1.0
<input type="checkbox"/> KIN 3.22 Ballroom and Latin Dance – Intermediate	1.0

Area 4: Fitness

<input type="checkbox"/> KIN 4.03 Fitness Aerobics	1.0
<input type="checkbox"/> KIN 4.16 Fitness Weight Training	1.0
<input type="checkbox"/> KIN 4.24 Total Fitness for Men	1.0
<input type="checkbox"/> KIN 11.01 Yoga for Health	1.0
<input type="checkbox"/> KIN 11.08 Pilates Mat Workout	1.0

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Transfer Guide for the Associate Degree for Transfer (ADT) in:

<u>Area 5: Individual Sports</u>		Units
<input type="checkbox"/>	KIN 7.02 Badminton – Beginning	1.0
<input type="checkbox"/>	KIN 7.03 Badminton – Intermediate	1.0
<input type="checkbox"/>	KIN 7.07 Fencing – Beginning	1.0
<input type="checkbox"/>	KIN 7.11 Golf – Intermediate	1.0
<input type="checkbox"/>	KIN 7.12 Golf – Advanced	1.0
<input type="checkbox"/>	KIN 7.18 Beginning Tennis	1.0
<input type="checkbox"/>	KIN 7.20 Intermediate Tennis	1.0
<input type="checkbox"/>	KIN 7.21 Advanced Tennis	1.0
<input type="checkbox"/>	KIN 7.23 Scuba Diving	2.0
 <u>Area 6: Team Sports</u>		
<input type="checkbox"/>	KIN 8.03 Baseball – Advanced	1.0
<input type="checkbox"/>	KIN 8.08 Soccer, Men	2.0
<input type="checkbox"/>	KIN 8.09 Soccer – Advanced, Men	1.0
<input type="checkbox"/>	KIN 8.10 Soccer-- Women	1.0
<input type="checkbox"/>	KIN 8.12 Softball – Beginning	1.0
<input type="checkbox"/>	KIN 8.13 Softball – Intermediate	1.0
<input type="checkbox"/>	KIN 8.15 Volleyball – Beginning Skills	1.0
<input type="checkbox"/>	KIN 8.16 Volleyball – Intermediate Skills	1.0
<input type="checkbox"/>	KIN 8.17 Volleyball – Advanced Skills	1.0

List A: Select two from below (8-10 units)

<input type="checkbox"/>	Math 010/H Elementary Statistics <u>or</u> Honors	4.0
<input type="checkbox"/>	Chem 030A Fundamentals of Chemistry OR	4.0
<input type="checkbox"/>	Chem 001A General Chemistry	5.0
<input type="checkbox"/>	Phys 002A General Physics – Mechanics OR	5.0
	Phys 004A Engineering Physics – Mechanics	5.0

MAJOR REQUIREMENTS	24.0-28.0
CSU GE BREADTH OR IGETC REQUIREMENTS	37.0-39.0
ELECTIVE UNITS AS NEEDED TO TOTAL 60 CSU TRANSFERABLE UNITS	
TOTAL CSU TRANSFERABLE UNITS REQUIRED FOR THE DEGREE AND TRANSFER	60.0